

Promotional: Alzheimer's Dementia: Creating Routines

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Creating a person-centered environment can help reduce challenging behaviors often seen in the LTC setting. This educational activity explores caregiver communication, care guidelines, and response to challenging behaviors that promote a therapeutic environment for individuals with dementia.

Target audience:

The target audience for this educational activity is nurses, social workers, and activity professionals in the long-term care setting and other interested nurses. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter

Purpose:

The purpose of this educational activity is to enable the learner to identify person-centered interventions to support persons with Alzheimer's dementia.

Learning outcome:

At the completion of this educational activity, the learner will demonstrate knowledge about caring for person's with Alzheimer's disease by passing a quiz with a score of 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify two (2) changes in the brain that are seen in Alzheimer's disease.
2. List four (4) ways to assist an individual with Alzheimer's disease with activities of daily living.
3. Identify three (3) techniques that facilitate communication with an individual who has Alzheimer's disease.

Author:

Deanna Hodges, OTR/L, ATP, Dementia Care Specialist

Deanna has been practicing occupational therapy for over 35 years. She currently works in acute care at Mayo Hospital in Jacksonville, Florida. Prior to acute care, she worked for over 25 years in long term care and short-term rehabilitation. She currently is a Dementia Care Specialist. She is an instructor and practitioner in the utilization of the assessment of cognitive skill levels and in the provision of treatment techniques to enable the patients and residents to perform at their best ability to function in activities of daily living.

Reviewer:

Lois Platt, MSN, RN

Ms. Platt has had extensive experience in a variety of health care settings, including as Staff Development Coordinator in a Long-Term Care facility in Arizona. She also worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching the Certified Nursing Assistant Program in Valdez, Alaska. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. Her work experience also includes staff and charge nurse positions in an Intensive Care Unit in Connecticut. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD

Linda Shubert, MSN, RN

Lois Platt, MSN, RN

Deanna Hodges, OTR/L, ATP, Dementia Care Specialist

Mary DaCorta, LCSW

ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Lois Platt, MSN, RN and Deanna Hodges, OTR/L, ATP, Dementia Care Specialist have no relevant relationships and no conflicts of interest.

EXPIRATION: The expiration date for this educational activity is January 1, 2025. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

Alzheimer's Dementia: Creating Routines

Continuing Education Information

Social Work:

NASW continuing education information:

This program was approved by the National Association of Social Workers (Approval # 886709333-7927) for 1.0 Social Work continuing education contact hours.

Expiration: 6-30-2025

NASW disclosure information:

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Lois Platt, MSN, RN, Deanna Hodges, OTR/L, ATP, Dementia Care Specialist and Mary DaCorta, LCSW have no relevant relationships and no conflicts of interest.

Activity Professionals

NCCAP continuing education information:

This course was approved by the National Certification Council for Activity Professionals (Approval # NCCAP5021785-23NT) for 1.0 Continuing Education hours.

Approval Number: NCCAP5021785-25NT

Approved CE Hour(s): 1.0

Course Expiration Date: 8/15/2025