

Promotional: Challenging Behaviors: Care and Intervention for Individuals Experiencing Dementia

****You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

Knowing the various types of behaviors which can be exhibited as well as knowing caregiver intervention strategies can enhance one's quality of life with dignity and improve the caregiver experience. Understanding dementia will help promote person-centered care. This educational activity addresses strategies to manage behaviors, communication techniques, dealing with caregiver stress, and the most common behaviors associated with individuals experiencing dementia.

Target audience:

The target audience for this educational activity is nurses in the long-term care setting, nursing home administrators and other interested nurses. This is an intermediate level educational activity. Information is geared to practitioners with a general working knowledge of current practice trends and literature related to the subject matter. The focus is on increasing understanding and competent application of the subject matter

Purpose:

The purpose of this educational activity is to enable the learner to identify common behaviors in persons with dementia and strategies for managing behaviors.

Learning outcome:

At the completion of this educational activity, the learner will be able to demonstrate knowledge about challenging behaviors in persons with dementia by passing a quiz with 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify three (3) common triggers for challenging behaviors.
2. List four (4) strategies to minimize behaviors associated with dementia.
3. Select two (2) communication techniques to use with the individual experiencing dementia.

Author:

Linda Shubert, MSN, RN

Linda has 30 years of nursing experience working with the older adult across rehabilitation, home health, geriatric case management, acute care, and long-term care settings. Linda has held a variety of clinical, teaching, and administrative positions including Director of Nursing, Clinical Professor of Nursing, Staff Development Coordinator, and Simulation and Skills Lab Director. As a staff development director in long-term care for 19 years, she has presented new employee orientation and annual federal training for all departments. Linda is an advocate for competency-based training for all employees meet annual regulatory requirements while promoting quality outcomes for the older adult in the long-term care setting.

Reviewer:

Deanna Hodges, OTR/L, ATP, Dementia Care Specialist

Deanna has been practicing occupational therapy for over 35 years. She currently works in acute care at Mayo Hospital in Jacksonville, Florida. Prior to acute care, she worked for over 25 years in long term care and short-term rehabilitation. She has been an adjunct professor for the occupational therapy assistant program at Florida State College of Jacksonville, FL and currently serves on its advisory board. She is also a community CEU instructor and practitioner in the utilization of the assessment of cognitive skill levels and in the provision of treatment techniques to enable the patients and residents to perform at their best ability to function in activities of daily living.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD

Linda Shubert, MSN, RN

Deanna Hodges, OTRL

ANCC continuing professional development information:

Healthcare Academy is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Linda Shubert, MSN, RN, and Deanna Hodges, OTRL have no relevant relationships and no conflicts of interest.

EXPIRATION: The expiration date for this educational activity is June 30, 2024. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

NAB/NCERS:

This program has been approved for Continuing Education for 1 total participant hours by NAB/NCERS—Approval #20240626-1-A94125-DL.