

## Promotional: Cultural Competency Basics

**\*\*You MUST print this for Continuing Education purposes and keep with your certificate of completion.**

### **Requirements:**

For successful completion of this educational activity and receipt of 0.5 contact hour(s), the learner must:

1. Participate in 30 minutes of continuous learning.
2. Complete a quiz with a minimum score of 75%.
3. Complete an evaluation form.

### **Educational activity description:**

Being culturally competent prepares staff to provide the highest quality of person-centered care possible. This educational activity for all staff reviews definitions of cultural competency and outlines best practices for culturally competent interactions.

### **Target audience:**

The target audience for this educational activity is any staff working with older adults across all assisted living settings.

### **Purpose:**

The purpose of this educational activity is to enable the learner to identify best practices for providing culturally competent care.

### **Learning outcome:**

At the completion of this educational activity, the learner will be able to demonstrate knowledge about cultural competence by passing a quiz with 75% or greater accuracy.

### **Learning objectives:**

At the completion of this educational activity, the learner will be able to:

1. Identify three (3) things that individuals within a cultural group may have in common.
2. Choose three (3) special religious objects that might be used by individuals.
3. Select three (3) methods to help improve communication with those living in a healthcare facility.

### **Author:**

Lois Platt, MSN, RN

Ms. Platt has had extensive experience in a variety of health care settings, including as Staff Development Coordinator in a Long-Term Care facility. She also worked as a Term Assistant Professor of Nursing for the University of Alaska Anchorage AAS Nursing Program for many years as well as coordinating and teaching a Certified Nursing Assistant Program. Prior to entering nursing education, Ms. Platt worked in both staff nurse and Clinical Resource Manager positions in a small Critical Access Hospital in rural Alaska. Her work experience also includes staff and charge nurse positions on Medical-Surgical and Intensive Care Units. Ms. Platt obtained a Diploma in nursing from Joseph Lawrence School of Nursing in New London, Connecticut; a Bachelor of Science in Nursing from St. Joseph College in West Hartford, Connecticut; and a Master of Science in Nursing Education from the University of Alaska, Anchorage, Alaska.

### **Planning committee:**

Judy Hoff, RN, BSN, MA, PhD

Linda Shubert, MSN, RN

Lois Platt, MSN, RN